СОГЛАСОВАНО:
Заведующий МАДОУ

Горбачевская Ири

МЕНЮ

ГБОУ Колобеевская КШ

| Код блюда | Наименование | Масса блюда (гр) | Пищевые вещества | | | Энергетическая ценность ккал |
|---|---|---|---|---|---|---|
| | | | Белки | Жиры | Углеводы | |
| **Обучающиеся с ОВЗ** | | | | | | |
| Завтрак | | | | | | |
| [illegible] | [illegible] | 115,00 | 14,07 | 15,28 | [illegible] | 340, |
| [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] |
| [illegible] | [illegible] | 30,00 | 2,40 | 0,30 | 16,80 | 78, |
| [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] |
| [illegible] | [illegible] | [illegible] | [illegible] | 0,04 | [illegible] | [illegible] |
| ИТОГО по: Завтрак | | | 17,23 | 15,93 | [illegible] | 538, |
| Обед | | | | | | |
| [illegible] | [illegible] | [illegible] | [illegible] | 1,28 | [illegible] | 116, |
| [illegible] | [illegible] | 200,00 | 2,50 | 4,11 | [illegible] | [illegible] |
| [illegible] | [illegible] | 30,00 | 15,00 | 2,00 | [illegible] | 79, |
| 211/[illegible] | [illegible] | 165,00 | 5,82 | 4,31 | 37,09 | 211, |
| 283 | Чай с сахаром | 200,00 | 0,00 | 0,00 | 9,96 | 40, |
| [illegible] | [illegible] | 40,00 | 2,28 | 0,40 | 15,00 | 104, |
| [illegible] | [illegible] | 40,00 | 3,29 | 0,40 | 18,49 | 86, |
| ИТОГО по: Обед | | | [illegible] | [illegible] | [illegible] | [illegible] |
| Стоимость питания за день по категории | | 159,03 | | | | |
| **[illegible] (с 3 до 7 лет)** | | | | | | |
| Завтрак | | | | | | |
| [illegible] | [illegible] | 40,00 | 2,50 | 8,60 | 14,60 | 194, |
| [illegible] | [illegible] | 195,00 | 6,09 | 7,94 | 31,98 | 220, |
| [illegible] | [illegible] | 180,00 | 1,26 | 0,09 | [illegible] | 15, |
| ИТОГО по: Завтрак | | | 10,04 | 17,53 | [illegible] | 429, |
| Второй завтрак | | | | | | |
| [illegible] | [illegible] | 100,00 | 0,50 | 0,10 | 10,00 | 46, |
| ИТОГО по: Второй завтрак | | | 0,50 | 0,10 | 10,00 | 46, |
| Обед | | | | | | |
| [illegible] | [illegible] | 187,00 | 1,26 | 4,05 | 6,11 | 66, |
| [illegible] | [illegible] | 50,00 | [illegible] | [illegible] | [illegible] | [illegible] |
| [illegible] | [illegible] | 134,00 | 5,03 | 5,89 | [illegible] | 180, |
| [illegible] | [illegible] | 200,00 | 0,16 | 0,16 | 15,65 | 70, |
| [illegible] | Хлеб пшеничный в нарезке для д/с | 40,00 | 2,40 | 0,40 | 16,50 | 78, |
| [illegible] | [illegible] | 30,00 | 1,60 | 0,30 | [illegible] | 41, |
| [illegible] | [illegible] | 0,60 | 0,06 | 0,06 | [illegible] | [illegible] |
| ИТОГО по: Обед | | | [illegible] | 10,70 | [illegible] | [illegible] |
| Полдник | | | | | | |
| [illegible] | [illegible] | 30,00 | [illegible] | 0,90 | [illegible] | [illegible] |
| [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] |
| ИТОГО по: Полдник | | | [illegible] | [illegible] | [illegible] | [illegible] |
| Ужин | | | | | | |
| [illegible] | Котлеты из говядины с [illegible] | [illegible] | [illegible] | [illegible] | 11,67 | 187, |
| [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] |
| [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] | [illegible] |
| [illegible] | | | | | | |
| Стоимость питания за день по категории | | 103,65 | | | | |

[illegible]

Заведующий [illegible]

Повар [illegible]